



lung-health-asia.org

Goa, India

23-25 FEBRUARY 2024

SCIENTIFIC PROGRAMME

International Workshop on Lung Health

1ST ASIAN CHAPTER

info@lunghealthasia.org

SCIENTIFIC COMMITTEE

Francesco Blasi

G. Walter Canonica

Sanjay Haresh Chotirmall

Raja Dhar

Ruby Pawankar



In association with



Organising Secretariat





International Workshop on Lung Health

1ST ASIAN CHAPTER

Welcome

Dear Colleagues,

We are honoured to welcome you to the 1st **Asian Chapter of the International Workshop on Lung Health** in the spectacular idyllic Indian state of Goa.

Over the past 11 editions of our European meeting we have refined the sessions, lectures, and symposia of the programme to focus on the principal clinical challenges facing respiratory medicine today. These meetings bring together experts from across the world to deep-dive into the answers to some of the key questions within the context of local realities. This fil-rouge between the congress programme and the location is as important as ever as we join dozens of our colleagues from across Asia - and in particular India - in this important regional event.

Over the last year and half, in this post-COVID era, there have been many interesting news, opportunities and challenges that have crossed into the respiratory arena. During the three workshop days we will look head-on into these major and outbreaking topics of Respiratory Medicine: from Asthma and COPD to Respiratory Infections, Interstitial and Rare Diseases as well as Interventional Pulmonology, focusing on the most recent updates and perspectives of clinical advances and research outcomes.

More time will be devoted to detailed discussion, interaction and contribution from the audience with the of the following popular formats:

- The Rising Star Programme gives the opportunity to young clinicians and researchers worldwide to present their valuable work for the first time in front of an international audience and get suggestions from the faculty members.
- The Future Health Leaders Mentoring Programme (FuHeL) welcomes selected early-career researchers and clinicians who will be accompanied throughout the congress experience by an international team of mentors, experts in their field, with the aim of guiding them through how to identify and synthesize the most important messages provided during the workshop sessions and subsequently apply these in daily life. By exploiting the different background of speakers, discussants and chairs, FuHeL participants will improve their ability to interact within a multicultural, multinational and multigenerational environment.
- Oral and Poster Abstracts and on-site in-depth session discussions will give attendees the opportunity to share projects and results of the most recent crucial world challenges in Respiratory and related fields.

We thank all of you for joining us in Goa for this exciting **1st Asian Chapter of the International Workshop on Lung Health** and look forward to sharing ideas and experiences with you over the next few days.

The Scientific Committee
1st Asian Chapter of the International Workshop on Lung Health

Organising & Scientific Committee



Francesco Blasi (Italy)

Professor of Respiratory Medicine in the Department of Pathophysiology and Transplantation at the University of Milan, Italy. Head of Internal Medicine Department and Respiratory Unit of the Fondazione IRCCS Ca' Granda Ospedale Maggiore Policlinico, Milan, Italy.



G. Walter Canonica (Italy)

Director of the Personalised Medicine Centre: Asthma and Allergies at Humanitas Research Hospital in Milan, Italy.



Sanjay Haresh Chotirmall (Singapore)

Associate Professor and Provost's Chair in Molecular Medicine, Vice Dean (Research), Principal Investigator, Translational Respiratory Research Laboratory, Lee Kong Chian School of Medicine, Nanyang Technological University, Singapore and Consultant Respiratory Physician, Tan Tock Seng Hospital, Singapore.



Raja Dhar (India)

Director, Department of Pulmonology, C K Birla Group of Hospitals, Kolkata, India. Director, Training and Research, National Allergy Asthma Bronchitis Institute, Kolkata, India



Ruby Pawankar (Japan)

President, Asia Pacific Assoc. Allergy Asthma Clinical immunology (2018 - 2023) Executive Director, APAAACI, Past President, WAO. Prof. Pediatrics, Nippon Medical School.



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Topics

- Acute Respiratory Distress Syndrome (ARDS)
- Adult vaccination
- Allergic Bronchopulmonary Aspergillosis (ABPA)
- Allergies
- Antibiotics
- Asthma and its co-morbidities
- Bronchiectasis
- Chronic Obstructive Pulmonary Disease (COPD)
- Imaging in Diagnostics
- Interstitial Lung Diseases (ILD)
- Interventional Pulmonology
- Lung Transplantation
- Multidrug-resistant Tuberculosis (MDR TB)
- Novel Therapies
- Non-Tubercular Mycobacteria (NTM)
- Personalised Medicine
- Pneumonia
- Pulmonary Hypertension
- Severe Asthma
- Tuberculosis (TB)
- United Airways Disease (UAD)
- Updates from IWLH 2024

FUTURE LEADERS' MENTORING PROGRAMME: RESPIRATORY INFECTIONS

Mentors: Ritesh Agarwal, Stefano Aliberti and Raja Dhar

Mentors will accompany participants throughout the congress in a **tailored training on Respiratory Infections**. The aim is teaching them how to **identify, synthesize and apply in daily life the most important messages** provided during the lectures of the workshop. The different backgrounds of speakers and participants will help the participants to improve their ability to **interact within a multicultural - multinational - multi generations environment**.

Faculty

The faculty is selected from a mix of experts from Asia and Europe with the aim of expanding the established Lung Health format. The event focusses on close interaction with leading global experts through a series of smaller group sessions running alongside key-issue plenary symposia, round tables and expert discussions.

● Ritesh Agarwal (India)	● Lucy Morgan (Australia)
● Stefano Aliberti (Italy)	● Radha Munje (India)
● Francesco Blasi (Italy)	● Jairaj Nair (India)
● Pravin Bhatt (India)	● Amita Nene (India)
● G. Walter Canonica (Italy)	● Dharmesh Patel (India)
● Rakesh Chawla (India)	● Ruby Pawankar (Japan)
● Sanjay Hareesh Chotirmall (Singapore)	● Kevin Pethe (Singapore)
● D. J. Christopher (India)	● Lancelot Pinto (India)
● Raja Dhar (India)	● Sunil Kumar Raghumanda (India)
● Sahajal Dhooria (India)	● Sujeet Rajan (India)
● Harjit Dumra (India)	● Luca Richeldi (Italy)
● Alope Ghoshal (India)	● Sundeep Salvi (India)
● Randeep Guleria (India)	● Inderpaul Sehgal (India)
● Indranil Halder (India)	● Milind Sovani (United Kingdom)
● Nick Hanania (USA)	● Rajesh Swarnakar (India)
● Parvaiz Koul (India)	● Zarir Udwardia (India)
● Preeti Meshram (India)	● Johann Christian Virchow (Germany)

Young Faculty

● Radhika Banka (India)	● Nagarjuna Maturu (India)
● Pratibha Dogra (India)	● Anusmriti Pal (Nepal)
● Shyam Krishnan (India)	● Shivani Swami (India)
● Tarang Kulkarni (India)	



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Strolling poster sessions

SATURDAY 24 FEBRUARY 2024
16.20 - 16.50

POSTER SESSION 1

TB

- 1 Disseminated Tuberculosis Presenting as Diplopia and Multiple Abdominal wall Swellings
A Divya (India)
- 2 Tuberculous empyema with a rare fistula
Pandey Arpit (India)
- 3 A rare case report on simultaneous occurrence of pulmonary tuberculosis with fungal ball
Rathod Dhruvi (India)
- 4 A clinical study of outcome of pleural fluid ada nagative tuberculous pleural effusion
Sidapara Krunal (India)

POSTER SESSION 2

- 5 **SEVERE ASTHMA**
A study of Airway inflammation in Asthmatics of Central Hospital, South Central Railways, India
Garikapati Vedaranya (India)
- 6 **NTM**
Exploring the GenoType Mycobacterium CM/AS Assay Kit for Genotype Profiling in Non-Tuberculous Mycobacterial Infections
Maurya Anand Kumar (India)
- 7 **PNEUMONIA**
Case report: Pulmonary Strongyloidiasis and Hyperinfection Syndrome in a High-Risk Factors Patient
Nguyen Anil (Vietnam)
- 8 Malignancy mimicing non resolving pneumonia
Pingalsur Anil (India)

Strolling poster sessions

SATURDAY 24 FEBRUARY 2024
16.20 - 16.50

INTERVENTIONAL PULMONOLOGY

- 9** Evaluation of safety and effectiveness of microdebrider bronchoscopy in central airway obstruction
Maiti Avirup (India)
- 10** The comparison between Blow Bottle Positive Expiratory Pressure (BBPEP) Device versus Acapella on Oxygenation and Peak Expiratory Flow Rate (PEFR) among patients with open heart surgery - A Comparative Study
Mahadik Abhaya (India)
- 11** Case study of Safety and Efficacy of Ultrasound Guided Transthoracic Tru Cut Biopsy Of Lung Mass
Patel Riya (India)
- 12** Successful Management Of A Case of Airway Obstruction Due To Blood Clot With Endobronchial Instillation Of Streptokinase
Singh Shubham (India)
- 13** Bronchoscopic Innovations in Diagnosing and Treating Uncommon Lung Infections: A Case Series
Mishra Soumya (India)

POSTER SESSION 3

ABPA

- 14** Radiological diagnosis of Allergic bronchopulmonary aspergillosis ABPA - Other Radiological features (ORF) and High Attenuating Mucus (HAM) : are they important?
Agarwal Satyam (India)
- 15** Misdiagnosis, risk factors and Predictors of outcome in Allergic Bronchopulmonary Patients
Bajpai Jyoti Bajpai (India)

ASTHMA AND ITS CO-MORBIDITIES

- 16** Asthma and OSA
Swami Shivani (India)

BRONCHIECTASIS

- 17** Pulmonary hydatid cyst mimicing as cystic bronchiectasis
Aggarwal Aviral (India)

POSTER SESSION 4



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FRIDAY 23 FEBRUARY 2024

13.30	13.45	OPENING SESSION
13.30	13.45	Welcome address and introduction to the International Workshop on Lung Health F. Blasi (Italy), G. W. Canonica (Italy), S. H. Chotirmall (Singapore), R. Dhar (India), R. Pawankar (Japan)
13.45	14.15	YOUNGER PROFESSIONALS' OUTCOMES · PART 1
		Topic Experts: F. Blasi (Italy), G. W. Canonica (Italy), S. H. Chotirmall (Singapore), R. Dhar (India), R. Pawankar (Japan)
13.45	14.00	Advancing Cytohistological Techniques in the Bronchoscopic Suite: Imprint Smears versus Frozen Section S. Krishnan (India)
14.00	14.15	Asthma and OSA S. Swami (India) 10' each presentation followed by a 5' discussion time
14.15	14.55	IWLH · COMMITTEE LECTURE
		Topic Experts: F. Blasi (Italy), R. Dhar (India)
14.15	14.45	The microbiome in chronic respiratory disease S. H. Chotirmall (Singapore)
14.45	14.55	Discussion
14.55	15.35	KEYNOTE LECTURE
		Topic Experts: J. Nair (India), R. Pawankar (Japan)
14.55	15.25	How new drugs and oral regimens have transformed the treatment of MDR and XDR TB Z. Udvardia (India)
15.25	15.35	Discussion
15.35	16.55	SESSION I: NTM · PD AND TB: FROM EPIDEMIOLOGY TO TREATMENT
		Topic Experts: F. Blasi (Italy), R. Swarnakar (India)
15.35	15.55	NTM · PD: a changing epidemiology? S. Aliberti (Italy)
15.55	16.15	Emerging treatments for TB and NTM K. Pethe (Singapore)
16.15	16.35	Steroids in TB - Unravelling the Enigma A. Nene (India)
16.35	16.55	Discussion

16.55	17.30	YOUNGER PROFESSIONALS' OUTCOMES · PART 2 Topic Experts: F. Blasi (Italy), G. W. Canonica (Italy), S. H. Chotirmall (Singapore), R. Dhar (India), R. Pawankar (Japan)
16.55	17.10	EBUS guided mediastinal biopsies-The new era in sampling the mediastinum N. Maturu (India)
17.10	17.25	Breathlessness and pleural effusion : What's the effect of intervention? R. Banka (India) 10' each presentation followed by a 5' discussion time
17.25	17.30	Closing messages from the Chairs
17.30	18.10	KEYNOTE LECTURE Topic Expert: G. W. Canonica (Italy)
17.30	18.00	Air pollution and airways disease and the G20-India recommendations on climate change and health R. Pawankar (Japan)
18.00	18.10	Discussion
18.10	19.00	SPONSORED SESSION II: HOT TOPICS IN RESPIRATORY DISEASES PART 1 Topic Experts: P. Dogra (India), P. Meshram (India)
18.10	18.30	COPD in Asia: different epidemiology, different approaches? L. Pinto (India)
18.30	18.50	Non-invasive respiratory support and novel therapies in ARDS due to COVID: looking beyond the obvious M. Sovani (United Kingdom)
18.50	19.00	Discussion <i>This Session has been kindly supported by way of an unconditional grant from Zuventus Healthcare Ltd.</i>
19.00	19.50	NATIONAL SOCIETIES SESSION Moderator: A. Nene (India) Common challenges, different perspectives G. W. Canonica (Italy), D. J. Christopher (India), L. Morgan (Australia), R. Pawankar (Japan)
19.50		WELCOME RECEPTION



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SATURDAY 24 FEBRUARY 2024

08.30 09.10

KEYNOTE LECTURE

Topic Experts: G. W. Canonica (Italy), H. Dumra (India)

08.30 09.10

Precision Medicine in Asthma - Focus on targeted therapy for T2
Raja Dhar (India)

09.00 09.10

Discussion

09.10 10.00

SESSION II: HOT TOPICS IN RESPIRATORY DISEASES PART II

Topic Experts: L. Morgan (Australia), P. Dogra (India)

09.10 09.30

Bronchiectasis : endotype-guided treatment
I. Sehgal (India)

09.30 09.50

Allergic Bronchopulmonary Aspergillosis
R. Agarwal (India)

09.50 10.00

Discussion

10.00 10.40

SPONSORED LECTURE

Topic Experts: D. J. Christopher (India), A. Ghoshal (India)

10.00 10.30

Pneumonia in the era of antibiotic resistance
F. Blasi (Italy)

10.30 10.40

Discussion

This lecture has been kindly supported by way of an unconditional grant from Pfizer

10.40 11.10

YOUNGER PROFESSIONALS' OUTCOMES · PART 3

Topic Experts: F. Blasi (Italy), G. W. Canonica (Italy), S. H. Chotirmall (Singapore), R. Dhar (India), R. Pawankar (Japan)

10.40 10.55

Assessing the health status using Chronic Obstructive Assessment Test and Clinical COPD Questionnaire among Stable COPD patients residing in high altitude of Nepal
A. Pal (Nepal)

10.55 11.10

Early COPD: A Quest for Deeper Insights
T. Kulkarni (India)

10' each presentation followed by a 5' discussion time

11.10 12.30

SPONSORED SESSION III: BRONCHIECTASIS IN THE ASIAN-PACIFIC AREA

Topic Experts: S. Aliberti (Italy), P. Bhatt (India)

11.10 11.40

BRONCHIECTASIS IN INDIA
R. Dhar (India)

11.40 12.10

BRONCHIECTASIS IN AUSTRALIA
L. Morgan (Australia)

12.10 12.30

Discussion

This session has been kindly supported by way of an unconditional grant from Lupin Limited

12.30 13.40

LUNCH

13.40 14.40

UNITED AIRWAYS DISEASE**Topic Expert:** P. Koul (India)

13.40 14.00

Updated Upper Airways Treatment

G. W. Canonica (Italy)

14.00 14.20

Inhaled Asthma Treatment: where are we?

J. C. Virchow (Germany)

14.20 14.40

Discussion

14.40 15.30

SESSION IV: INTERSTITIAL LUNG DISEASES**Topic Expert:** S. Rajan (India)

14.40 15.00

Year in Review: Interstitial Lung Diseases

L. Richeldi (Italy)

15.00 15.20

ILD: from tribulation to triumph

S. Dhooria (India)

15.20 15.30

Discussion

15.30 16.20

SESSION V: INTERVENTIONAL PULMONOLOGY GROUNDROUND**Moderator:** D. Patel (India)**Interventional Pulmonology · A must for every aspirant in Respiratory Medicine****Discussants:** R. Agarwal (India), R. Chawla (India), H. Dumra (India), A. Ghoshal (India)

16.20 16.50

COFFEE BREAK AND STROLLING POSTER SESSIONS

(SEE DETAILS PAGE 6-7)

16.50 17.30

KEYNOTE LECTURE**Topic Experts:** J. C. Virchow (Germany), I. Halder (India)

16.50 17.20

Personalised medicine: how far are we?

S. Aliberti (Italy)

17.20 17.30

Discussion

17.30 18.10

SESSION VI: COPD**Topic Experts:** S. Kumar Raghumanda (India), S. Rajan (India)

17.30 18.10

Round Table**International Guidelines: should we take a one-size-fits-all approach?**

F. Blasi (Italy), S. Salvi (India), N. Hanania (USA)

SATURDAY 24 FEBRUARY 2024



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SUNDAY 25 FEBRUARY 2024

08.30 09.10

SPONSORED LECTURE

Topic Expert: F. Blasi (Italy)

08.30 09.00

Adult Vaccinations · Key challenges

P. Koul (India)

09.00 09.10

Discussion

This lecture has been kindly supported by way of an unconditional grant from Pfizer

09.10 10.20

SESSION VII: TRIPLE THERAPY IN OBSTRUCTIVE LUNG DISEASES: WHEN AND WHY

Topic Experts: G. W. Canonica (Italy), R. Munje (India)

09.10 09.40

Triple Therapy in Asthma

J. C. Virchow (Germany)

09.40 10.10

Triple Therapy in COPD

S. Salvi (India)

10.10 10.20

Discussion

10.20 10.50

SPONSORED INTERACTIVE SESSION

Topic Expert: R. Dhar (India)

10.20 10.50

Which options for Dual Therapy

Interactive discussion session with audience vote

Panel Discussants: R. Swarnakar (India), M. Sovani (United Kingdom), R. Munje (India)

This session has been kindly supported by way of an unconditional grant from Glenmark Pharmaceuticals

10.50 11.20

COFFEE BREAK

11.20 12.00

KEYNOTE LECTURE

Topic Expert: J. C. Virchow (Germany)

11.20 11.50

Overuse of oral steroids in respiratory diseases

G. W. Canonica (Italy)

11.50 12.00

Discussion

12.00 12.40

KEYNOTE LECTURE

Topic Expert: R. Dhar (India)

12.00 12.30

Epidemiology of COVID-19 in India: What have we learnt?

R. Guleria (India)

12.30 12.40

Discussion

12.40 13.00

POSTER AWARDS AND CLOSING REMARKS

Closing address, awards and take home messages

F. Blasi (Italy), G. W. Canonica (Italy), S. H. Chotirmall (Singapore), R. Dhar (India), R. Pawankar (Japan)

Organising Secretariat

LENA GROUP

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Social Media

LET'S CONNECT ON SOCIAL MEDIA

Join the Online Conversation #IWLHAsia24



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[Linkedin.com/company/lena-group-respiratory-hub](https://www.linkedin.com/company/lena-group-respiratory-hub)



<https://chat.whatsapp.com/FIIT6UK9RNb0jrZP4Q9hhG>



Website

lung-health-asia.org





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General Information

REGISTRATION DESK

The registration desk will open on Friday, 23rd February, 2024, from 12.00 and the schedule is the following:

FRIDAY - 23RD FEBRUARY - 2024	12.00 - 20.30 (end of the welcome cocktail)
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SATURDAY - 24TH FEBRUARY - 2024	07.30 - 18.30
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SUNDAY - 25TH FEBRUARY - 2024	07.30 - 13.00 (end of the Workshop)
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EXHIBITION SET UP & OPENING HOURS

The setup and dismantling of the exhibition area is accessible only to sponsors who booked an exhibition booth.

SET UP TIME: FRIDAY - 23RD FEBRUARY - 2024	00.00 - 12.00
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DISMANTLING TIME: SUNDAY - 25TH FEBRUARY - 2024	13.00 - 16.00
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The exhibition area will be open following Registration desk opening hours.

ADMISSION

The participant's name badges will be provided by the Organising Secretariat at the Secretariat Desk.

All participants are requested to wear the badge throughout the congress. Only badge holders will be admitted to the appropriate sessions, exhibition, and social events.

ATTENDANCE CHECKS

Effective attendance is checked through badge scanning when going in and coming out of the plenary room. A minimum of 6 hours of effective attendance is required to issue the certificate of attendance.

CERTIFICATE OF ATTENDANCE

The certificate of attendance will be downloadable from the website <https://lung-health-asia.org/> using your personal credentials sent by e-mail, starting from 8th March, 2024.

Important note: Certificate of attendance will be delivered only to registered participants who attend at least 6 hours of congress sessions.

CLOAKROOM

A cloakroom is at the disposal of participants at the Hotel. Delegates are kindly requested not to leave their personal belongings after closing times of the registration desk.

CPD APPROVAL

The **International Workshop on Lung Health - 1st Asian Chapter** has been approved by the **Federation of the Royal Colleges of Physicians of the United Kingdom** for 18 category 1 (external) CPD credit(s) with the CPD code: 147407

CURRENCY

All costs are in US Dollars (USD).

INSURANCE

The Congress Organisers cannot accept liability for personal injuries sustained, or for loss or damage to property belonging to Congress participants, either during or because of the Congress. Registration does not include insurance. It is strongly recommended that you take an insurance policy of your choice as you register for the Congress and book your travel.

LANGUAGE

The official language of the Congress is English. No simultaneous translation is provided.

MEALS

Lunch on Saturday 24th February will be served to the participants on the first floor of the Grand Ballroom according to the schedule of the programme.

SOCIAL MEDIA

We encourage delegates to use social media to join the conversation around the Forum, to share and debate topics and be inclusive of those not in attendance with the #IWLHAsia24

Delegates should respect confidentiality of material, specifically where this is made explicit by the speaker. Social media should be used in a responsible manner, be nice and respectful of speakers and other participants.

Wi-Fi AND MOBILE PHONES

Free Wi-Fi will be available for all congress participants at the congress venue. See below credentials:

Network name: IWLH2024

Password: India2024!

Mobile phone should remain on silent whilst in the plenary room. Phone calls should be made outside and away from the doors.

CONGRES VENUE

NOVOTEL GOA DONA SYLVIA RESORT

Cavelossim Beach, Mobor, Goa 403731, India

https://lung-health-asia.org/?page_id=2868



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Endorsements



Acknowledgements

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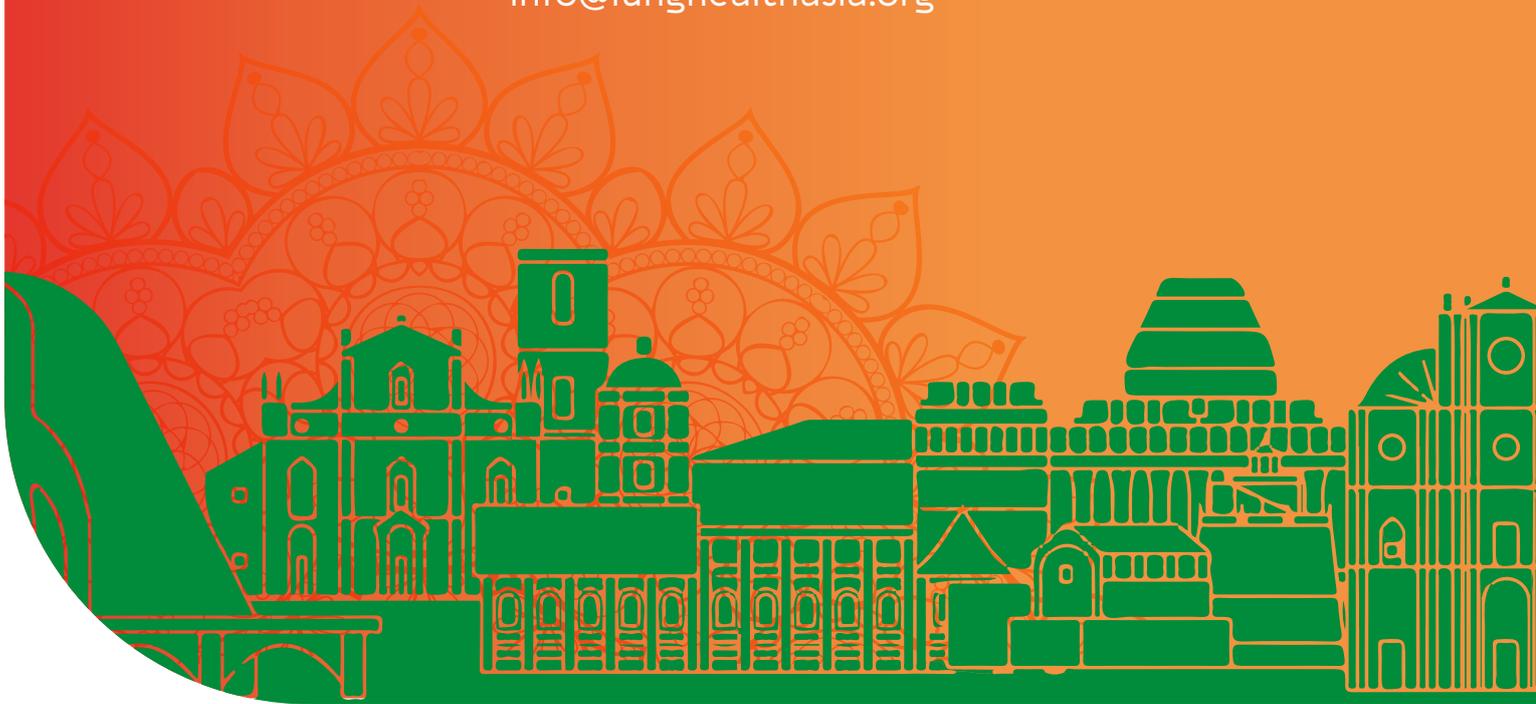


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